

Indicated Prevention of Substance Use in Practice



NEVORALOVÁ, M.¹, ŠTASTNÁ, L.²

¹Department of Psychiatry, 1st Faculty of Medicine, Charles University in Prague and General University Hospital in Prague, Czech Republic

²Department of Addictology, 1st Faculty of Medicine, Charles University in Prague, Czech Republic

Citation: Nevoralová, M., Štastná, L. (2013). Indikovaná primární prevence užívání návykových látek v praxi. *Adiktologie*, 13(1), 24–37.

SUMMARY: *This review summarises current knowledge about the indicated prevention of substance use and indicated prevention programmes in foreign countries where such programmes are increasingly being implemented in practice and evaluated. It also refers to the situation regarding indicated prevention in the Czech Republic, where this concept is only beginning to emerge. The article describes indicated prevention as a relatively new area of prevention. It further defines its position in relation to universal and selective primary prevention activities on one hand and secondary prevention on the other hand. Finally, an overview of risk and protective factors, especially psychosocial and individual ones, is provided and the links between child psychopathology and the higher risk of the development of substance use are outlined.*

KEY WORDS: INDICATED PREVENTION – RISK FACTORS – SUBSTANCE USE – INDICATED PREVENTION PROGRAMME

Submitted: 30 / SEPTEMBER / 2012

Accepted: 22 / MARCH / 2013

Grant support: PRVOUK-P03/LF1/9

Address for correspondence: Monika Nevoralová / nevoralova@adiktologie.cz / Department of Addictology, 1st Faculty of Medicine, Charles University in Prague and General University Hospital in Prague, Apolinářská 4, 128 00 Prague 2, Czech Republic