

Primary Prevention in Schools Involved in the EUDAP 2 Project



ADÁMKOVÁ, T., JURYSTOVÁ, L., GABRHELÍK, R., MIOVSKÁ, L., MIOVSKÝ, M.

Centre for Addictology, Psychiatric Clinic, 1st Faculty of Medicine and General University Hospital, Charles University in Prague, Czech Republic

Citation: Adámková, T., Jurystová, L., Gabrhelík, R., Miovská, L., Miovský, M. (2009). Primary Prevention in Schools Involved in the EUDAP 2 Project. *Adiktologie*, (9)2, 86–94.

BACKGROUND: The EUDAP 2 Project took place in Czech basic schools during the years 2007/2008. The main goal of this project was to test the applicability and effectiveness of the Unplugged primary prevention programme in the selected Czech schools. Because of the effectiveness study, another analysis was carried out in schools. This analysis was focused on the description of all the primary prevention activities which were pursued during the EUDAP 2 project but which were not related to the project. The results of this analysis are the subject of this article. **AIMS:** The main goal of the analysis was to provide a detailed description of the prevention programmes delivered by the schools involved in the EUDAP 2 project. **METHODS:** The data were collected using questionnaires. The main focus was on the description of the primary prevention programmes and the way in which they were delivered. Experimental and control

groups were compared. **SAMPLE:** The sample consisted of 70 basic schools from the entire Czech Republic; 33 were involved in the project as the control group, 37 were involved in the project as the experimental group. The questionnaires were completed by the school prevention workers. **RESULTS:** The most frequent primary prevention activity was one-off activity. The schools mostly carried out their programme by themselves. In the control group, only 21% of the primary prevention programmes covered the prevention of drug use, while in the experimental group, comprehensive primary prevention programmes took place in all (100%) cases. **CONCLUSIONS:** The teachers responsible for primary prevention were most likely to organise the programmes by themselves. Most of the programmes are just occasional lectures.

KEY WORDS: PRIMARY PREVENTION – EUDAP 2 – UNPLUGGED – SCHOOL PREVENTION WORKER

Submitted: 3 / APRIL / 2009

Accepted: 15 / MAY / 2009

Grant support: GACR No. 406/09/0119

Address for correspondence: Lucie Jurystová / jurystova@adiktologie.cz / Centre for Addictology, Psychiatric Clinic, 1st Faculty of Medicine and General University Hospital, Charles University in Prague, Ke Karlovu 11, 120 00 Prague 2, Czech Republic