

Thematic Analysis Method Applied to Selected Aspects of a Case Study



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SUMMARY: *This article depicts and describes a case study of a client who has undergone long-term systemic psychotherapy. Given the complexity of the case and the rather unsatisfactory progress of the client, it was necessary to perform a detailed thematic analysis, which was intended as the basis for the planning of aftercare services. The case study was also analysed in terms of transaction analysis and the psychodynamic approach in order to compare both the approaches applied. Although both approaches use totally different tools in work with clients or case studies, subsequent analysis identified the core topics as being similar.*

KEY WORDS: THEMATIC ANALYSIS – CASE STUDY – PSYCHODYNAMIC APPROACH – TRANSACTION ANALYSIS

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